



FOR SALE | PRIME CORNER UNIT

THE
BLOK
COMMERCIAL AT INNOVA

257 - 422 EAST 3RD STREET
NORTH VANCOUVER, BC



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THE OPPORTUNITY

Sitings Realty Ltd. and Royal LePage Commercial are pleased to present this amazing opportunity for owner-users and investors seeking high-quality real estate in an emerging commercial node. Innova, developed by Cascadia Green, is a new mixed-use residential and commercial project designed as a vibrant, walkable neighbourhood hub. The Blok, its commercial component, is designed to accommodate a mix of retail, cafés, eateries, services, offices, fitness, and childcare uses featuring a pedestrian-oriented activated laneway.

Highlights include:

- + Centrally located in the Moodyville neighbourhood of North Vancouver
- + Immediate area experiencing significant residential and population growth
- + 360-degree surrounding population base supporting strong and sustained retail demand
- + Prime Frontage along West 3rd Street corridor, a key east-west arterial with high traffic volumes
- + Limited supply of strata retail opportunities in North Vancouver supports long-term value
- + High-exposure unit featuring contemporary, modern storefront design
- + Secure subsurface parking stalls designated exclusively for commercial use. Street parking also available in the area
- + Generous ceiling heights and an abundance of windows enhance visibility, flexibility, and customer experience
- + Well suited for a wide range of active and service-oriented uses, including fitness, wellness, medical, beauty, professional services, restaurants, and food focused operator
- + The unit is equipped with the necessary building services to support restaurant operations, including a dedicated vent shaft for commercial kitchen exhaust systems.



PROJECT & UNIT OVERVIEW

Innova is a vibrant, master-planned mixed-use community designed for modern urban living. The development features 172 contemporary residences, including studios, one and multi-bedroom condominiums, townhomes, and versatile live-work units, all thoughtfully arranged across three striking mid-rise buildings.

At the heart of Innova is The Blok, its dynamic commercial destination and the emerging village centre for the Moodyville neighbourhood of North Vancouver. Envisioned as a vibrant, pedestrian-friendly hub, The Blok will offer approximately 29,000 square feet of highly visible, high-exposure retail space across 22 units. The project also includes 11 two-level live/work units, with approximately 6,997 square feet dedicated to the street-level “work” component, typically designed for commercial or professional use. Designed to attract a curated mix of shops, services, and local businesses, The Blok will activate the streetscape and serve as a daily destination for residents and the broader community.

THE COMMERCIAL COMPONENT OF THE PROJECT

Year Completed	2025								
Commercial Building Area (SF) <i>*approximate</i>	<table> <tr> <td>North</td><td>2,174</td></tr> <tr> <td>South</td><td>26,890</td></tr> <tr> <td>Commercial of live/work units</td><td>6,997</td></tr> <tr> <td>Total</td><td>36,061</td></tr> </table>	North	2,174	South	26,890	Commercial of live/work units	6,997	Total	36,061
North	2,174								
South	26,890								
Commercial of live/work units	6,997								
Total	36,061								
No. of Commercial Units	33, including the commercial live/work units								
Access to Parking	Entry point on St. Patrick's Avenue								
Access to Commercial Units	Via elevator from parking. Pedestrian access points along 3rd Street, St. David's Avenue, and the Lane								
Zoning	CD-730 permitting a wide range of uses								
Commercial Visitor Parking	10 shared parking stalls for commercial visitors								
Commercial Loading	Loading bays are located at St. Patrick's, St. David's, and in the lane breezeway. Loading may also be possible along East 3rd St.								

UNIT 257

Area	1,407 SF <i>(can be combined with adjacent Unit 256 for a total area of 3,254 SF)</i>
Level	Grade on St David's Avenue and Retail Lane
Use	Perfect for a variety of commercial uses, the space is also equipped with a kitchen exhaust shaft, gas connection, and piping to a grease trap - ready for food service operations
Cooling & Heating System	Yes
Strata Fees (\$/mo)	\$1,168
Ceiling Height	12'6" <i>(Note: Not including drops)</i>
Assigned Parking Stalls	5
Property Tax (est. 2026)	\$22,774.96
Price	Please Contact Listing Agent

PROJECT BUSINESSES



CHILD CONNECT
early learning



LOCATION

City of North Vancouver

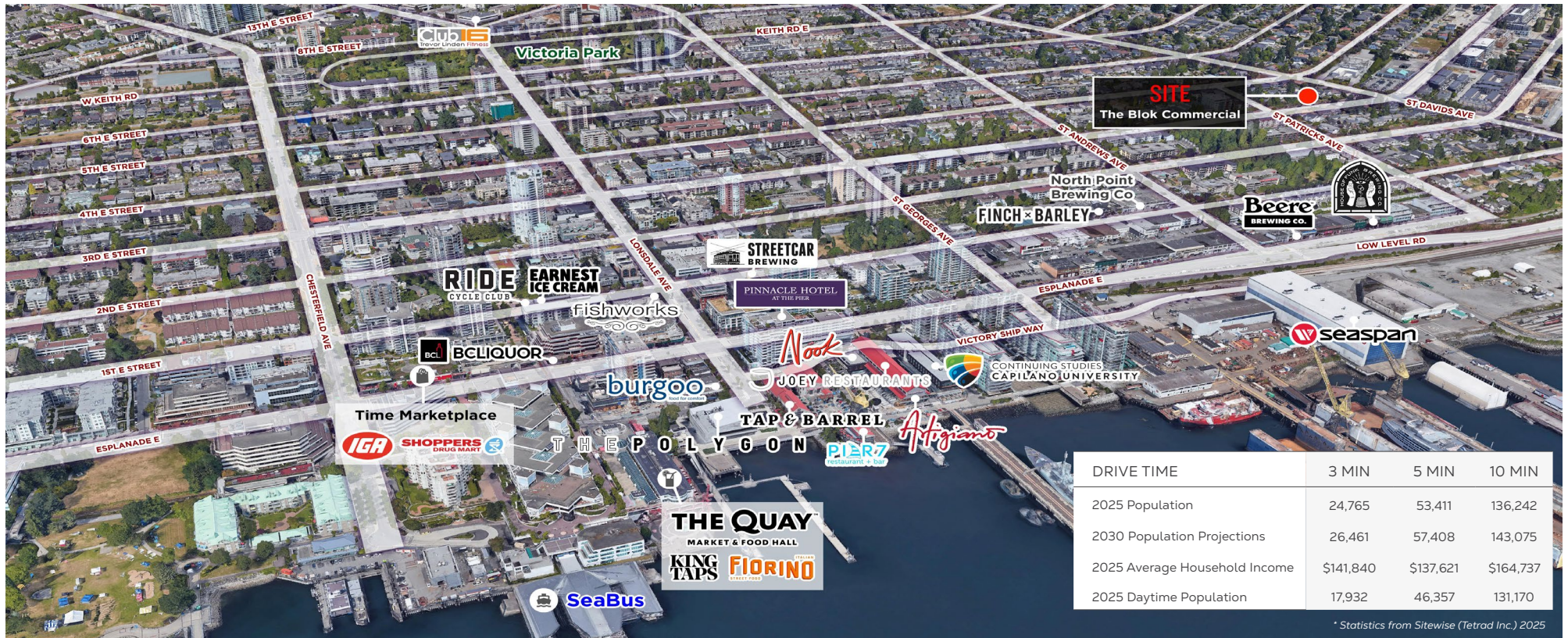
Located across Burrard Inlet from downtown Vancouver, the City of North Vancouver is known for its exceptional livability, natural surroundings, and access to outdoor recreation. The city features a walkable waterfront at Lonsdale Quay and a diverse and growing population of approximately 60,000 residents.

The Moodyville Area

Moodyville is a revitalized residential neighbourhood offering modern housing, parks, and excellent access to amenities. Highlights include Moodyville Park, the North Shore Spirit Trail, and proximity to the Lonsdale corridor, Lonsdale Quay Market, and the SeaBus. Recent rezonings support approximately 1,500 new homes.

The Blok Commercial Hub

Located at East 3rd Street and St. David's Avenue, The Blok Commercial Hub is an emerging village centre for Moodyville, offering a mix of local retailers, professional offices, and essential services for everyday needs.



SITE PLAN - GROUND FLOOR (3RD STREET)

- Commercial Units
- Condos
- Townhouses



NTD: Uses to be confirmed

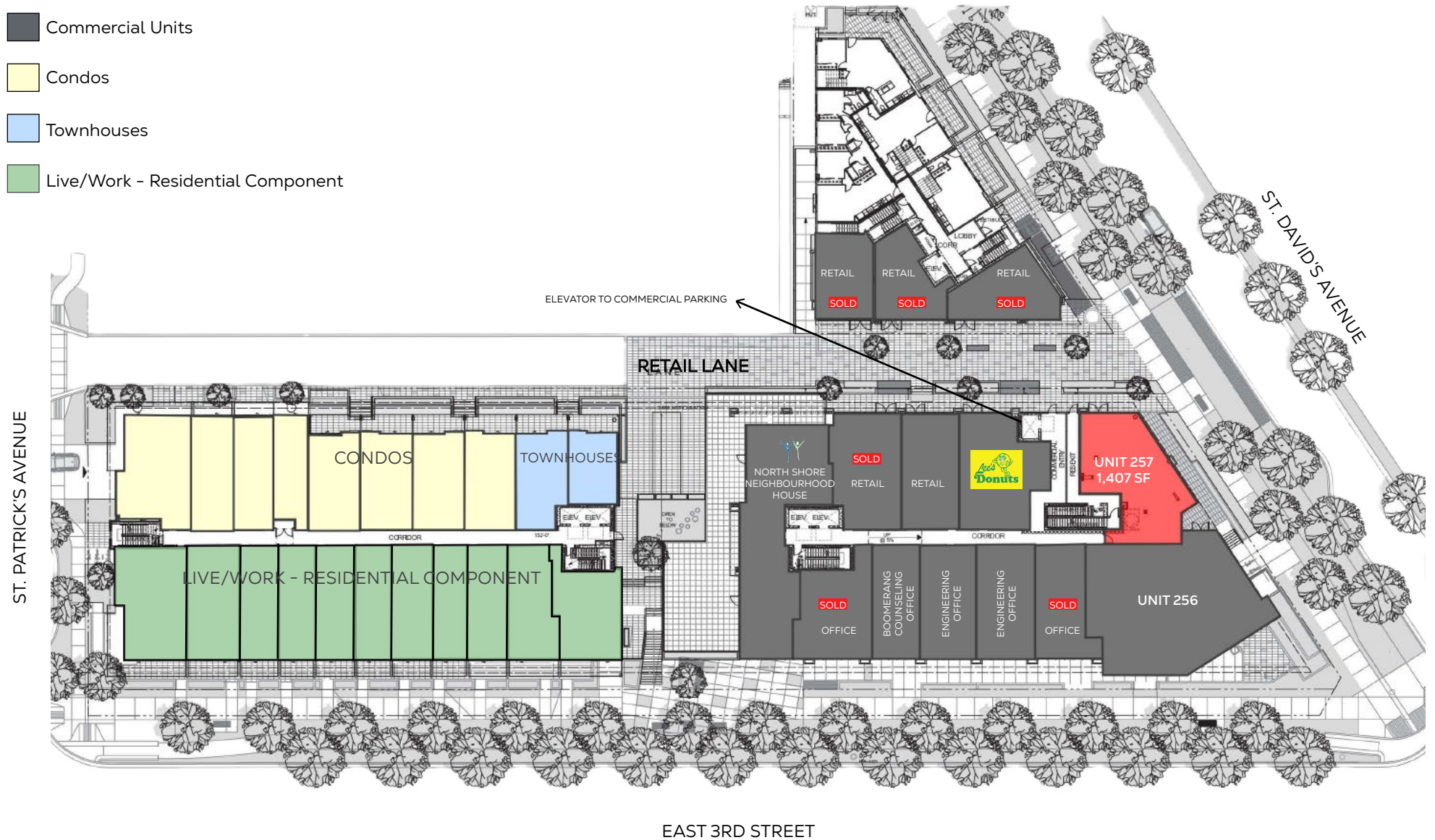
SITE PLAN - SECOND FLOOR (RETAIL LANE)

Commercial Units

Condos

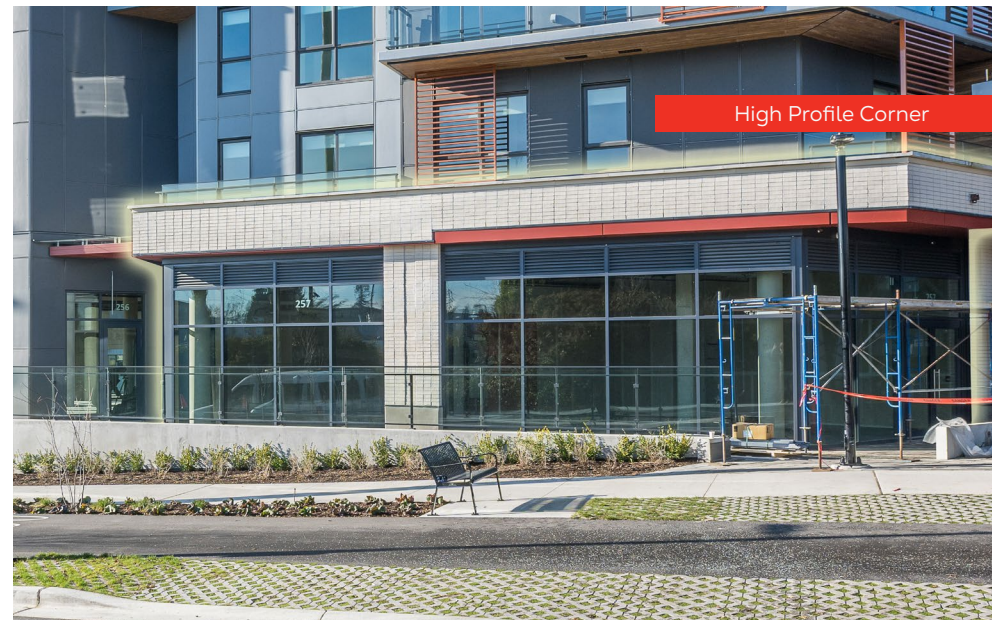
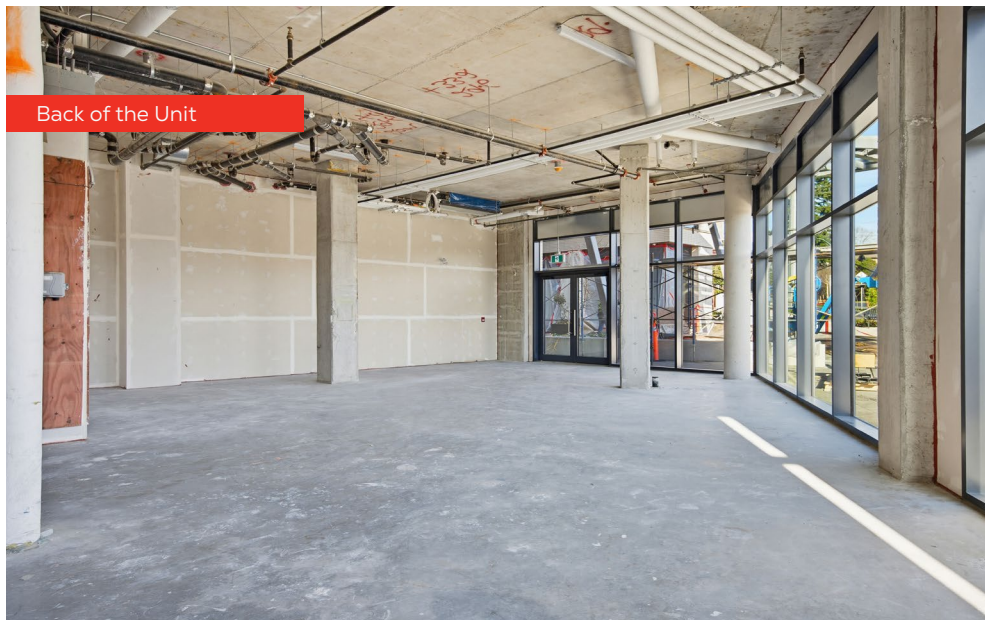
Townhouses

Live/Work - Residential Component



NTD: Uses to be confirmed

PHOTOS



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